LONG LAKE CAMP FOR THE ARTS

PARENT GUIDEBOOK — SUMMER 2027

Thank you for choosing Long Lake Camp for the Arts!

We look forward to welcoming your camper for an unforgettable summer filled with creativity, friendship, and new experiences.

WHAT TO DO AFTER ENROLLING

Please complete the following steps as soon as possible:

1. **Read this Parent Guidebook.** Keep it handy for important dates, travel information, and camp policies.
2. **Set up your Campanion App.** We sent you an email with the app link and a video explaining how to use it.
3. **Complete all required forms.** Submit all forms through the Campanion App as soon as possible.

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REQUIRED MEDICAL FORMS

All required medical forms are available through the Campanion App. Please complete and upload each form to the appropriate section.

DOCTOR FORMS

1. Doctor's Standing Order

- Located under Doctor Forms in the app.
- Must be signed by both the parent/guardian and your child's pediatrician.

2. Medication Form

- Located under Doctor Forms in the app.
- Must be signed by both the parent/guardian and your child's pediatrician.
- **All prescription medications MUST be listed on this form.**
- **New York State Department of Health requirements mandate this authorization before our nurses can administer medication.**

IMPORTANT: We cannot administer medications without the required completed medication form.

3. Physical Exam and Immunization Records

- Obtain these records from your child's pediatrician or use the physical and immunization forms in the app.
- The physical exam must be dated within the past two years.

Please upload all documents to the Doctor Forms section.

ADDITIONAL MEDICAL FORMS

4. Meningitis Form

- Located under Meningitis in the app.
- Must be completed and signed by a parent/guardian.
- Upload the completed form to the Meningitis section.

5. Parent Authorization Form

- Located under Parent Authorization in the app.

- Must be completed and signed by a parent/guardian.
- Include copies of both the front and back of your health insurance card.
- Upload all required documents to the Parent Authorization section.

REQUIRED CAMP FORMS

All required camp forms are available through the Campanion App.

1. BUNK REQUEST

Complete this form together with your camper in the app.

- You may submit a maximum of two bunkmate requests.
- Both requested campers must be the same age, gender, and grade as your child.

New campers, please don't worry! Every session includes many new campers. We create a mix of new and returning campers in each bunk to help everyone feel comfortable, welcomed, and included.

2. ADDITIONAL OPTIONS

Complete this section in the app to select any additional services, including:

- Linen rentals
- Instrument rentals
- Horseback riding lessons

3. CAMP ACTIVITIES

Complete this form together with your camper.

Please list the activities your child is excited to try, along with any activities you would like them to explore during the summer.

4. HEALTH HISTORY

Complete this form so we can provide the best possible care for your camper.

Include information about:

- Dietary needs and restrictions
- Past and current medical conditions
- Social and emotional needs

- Current medications

5. TRANSPORTATION

Complete this section in the app to select your camper's arrival and departure transportation arrangements.

Options include available camp bus services and arriving by car.

Please review the travel information on the following pages before making your selections.

TRAVEL OPTIONS TO CAMP

OPTION 1: DRIVING TO CAMP

Camp address for GPS:

Long Lake Camp for the Arts
83 Long Lake Camp Way
Long Lake, NY 12847

ARRIVAL WINDOW: 2:00–4:00 PM

Our gates will not open before 2:00 PM. Please plan your travel accordingly, as we cannot accommodate early arrivals.

WHAT TO EXPECT UPON ARRIVAL

1. Follow the directions provided by our staff when you arrive.
2. Once instructed to park, please exit your vehicle.
3. Our staff will help unload your camper's luggage.
4. Hand all medications directly to staff for delivery to the infirmary. Medications may not be kept in your camper's luggage.
5. Once your vehicle has been unloaded, you will be asked to return to your car and depart.

IMPORTANT LUGGAGE REMINDER FOR BUS TRAVELERS

If your camper is using one of our chartered buses, please ship as much luggage to camp as possible before arrival.

Each camper may bring **one duffel bag on the chartered bus**, in addition to a personal item such as a backpack.

OPTION 2: FLYING TO CAMP — ALBANY AIRPORT BUS

Service fee: $100 one way or $200 round trip.

FLIGHT ARRIVAL REQUIREMENTS

- Schedule flights to arrive at Albany International Airport between **11:30 AM and 3:00 PM**.
- Parents meeting our team at the airport should meet our staff in the baggage claim area during this window.
- If your camper is flying as an unaccompanied minor, please call us before booking flights so we can provide the necessary information about authorized pickup personnel.

Our staff members will wear brightly colored camp T-shirts to make them easy to identify.

Our staff will have the relevant flight information and camper names and will remain in contact with our main office.

If a flight is delayed, changed, or canceled, please call the camp office as soon as possible.

All medications must be handed over to staff upon arrival at camp. The airport bus typically arrives at camp between **5:00 and 6:00 PM**.

CHARTERED BUS SERVICE

Service fee: $100 per camper, one way.

All campers traveling by bus must bring a **bagged lunch** for the journey.

Our chartered buses have air conditioning and bathrooms, and experienced camp staff will accompany the campers.

BUS PICKUP LOCATIONS AND TIMES

WEST ORANGE, NEW JERSEY

- Arrival time: By 7:30 AM
- Bus departure: 8:00 AM
- GPS address: 18 Wilfred St., West Orange, NJ 07052
- Location: Vanderhoof Bus Company

QUEENS, NEW YORK

- Arrival time: By 9:30 AM
- Bus departure: 10:00 AM
- GPS address: 96-05 Queens Blvd., Rego Park, NY 11374
- Location: The bus will pull up along Junction Boulevard, where space is available.

ARDSLEY, NEW YORK

- Arrival time: By 10:30 AM
- Bus departure: Approximately 11:00–11:30 AM
- GPS address: Ardsley Travel Plaza New York State Thruway (I-87) Between exit 6A and 7

CLIFTON PARK, NEW YORK

- Arrival time: By 1:30 PM
- Bus departure: Approximately 2:00 PM
- Location: Clifton Park Rest Area, Clifton Park, NY 12065

Please arrive at the designated location by the stated arrival time.

SUMMER 2027 SESSION START DATES

Session	Start Date
Session 1	June 27, 2027
Session 2	July 19, 2027
Session 3	August 9, 2027

Please confirm the applicable pickup date and location when completing your transportation form.

TRAVEL OPTIONS HOME FROM CAMP

OPTION 1: PARENT PICKUP BY CAR

Pickup time: 9:30–11:00 AM on the final day of the session.

Campers will be waiting at the top field with any luggage that has not already been picked up during Parents' Weekend.

Before leaving, please check that your camper has collected all personal belongings.

Please double-check everything. Long Lake Camp for the Arts is not responsible for items left behind.

OPTION 2: BUS TO ALBANY INTERNATIONAL AIRPORT

Service fee: $100 one way or $200 round trip.

DEPARTURE DAY SCHEDULE

- The bus leaves camp at **7:30 AM**.
- The bus is expected to arrive at Albany International Airport by **10:00 AM**.
- Schedule flights to depart between **11:30 AM and 3:00 PM**.
- Parents meeting their campers at the airport should plan to arrive at baggage claim between **11:30 AM and 3:00 PM**.

SUMMER 2027 SESSION END DATES

Session	End Date
Session 1	July 18, 2027
Session 2	August 8, 2027
Session 3	August 29, 2027

PARENTS' WEEKEND DATES AND INFORMATION

Parents' Weekend is a special opportunity to see what your camper has been working on and celebrate their summer experience.

Families and extended family members are welcome. We encourage you to attend the full weekend so you don't miss the performances, activities, and special moments.

SESSION 1: JULY 16–18, 2027 / SESSION 2: AUGUST 6-8, 2027 / SESSION 3: AUGUST 27-29, 2027

On Friday

- Gates open at 2:30 PM.
- Dinner will be served
- Events run until approximately 10:00 PM.

On Saturday

- Gates open at 9:00 AM.
- Lunch and dinner are served
- Events run until approximately 9:30 PM.

On Sunday

- Camper pickup: 9:30–11:00 AM.

PARENTS' WEEKEND SCHEDULE

A detailed schedule will be provided when you arrive at camp.

We cannot provide the final schedule in advance because the weekend is weather-dependent and changes may be made right up until the last moment.

The weekend is packed with performances and activities, so we recommend staying for the full event.

Parents will also have opportunities to take their campers out of camp during the weekend, if they choose. Campers MUST be signed out at the front desk by the main office.

PARENTS' WEEKEND: IMPORTANT REMINDERS

1. OPENING ANNOUNCEMENTS

Before the first performance, the camp owners will welcome families, introduce the Camp Directors and Unit Leaders, and share important announcements.

Please make every effort to attend.

2. HOTEL RESERVATIONS

Please review the hotel and motel list. We advise booking early as they do fill up quickly.

We recommend booking accommodations for both Friday and Saturday nights.

3. CAMPER PICKUP BY SOMEONE OTHER THAN A PARENT/GUARDIAN

If someone other than a parent or legal guardian will be picking up your camper, we must receive:

- Written permission from the parent/guardian
- A copy of the authorized person's driver's license

Please make these arrangements with the camp in advance.

4. SWIMMING FOR PARENTS

Weather permitting, parents may have opportunities to swim in our designated swimming area.

Available swimming times will be listed on the Parents' Weekend schedule.

Swimming is not permitted unless our lifeguards are on duty.

5. LUGGAGE PICKUP

If you are attending Parents' Weekend, please collect your camper's luggage from the tennis courts near the parking area on Friday or Saturday.

Please load the luggage into your vehicle.

6. DOUBLE-CHECK ALL BELONGINGS

Many items are left behind at the end of each session. Before leaving, please check your camper's luggage and all collected belongings.

Ask your camper whether they have everything, including:

- Medications
- Artwork and projects
- Clothing and shoes
- Toiletries
- Personal items

Long Lake Camp for the Arts is not responsible for belongings left behind.

7. UNABLE TO ATTEND PARENTS' WEEKEND?

Please don't worry. We will continue to care for your camper if you cannot attend.

We also record performances and send families links in the fall.

HOTELS AND MOTELS

Below is a list of accommodations in and around Long Lake, New York.

Please contact properties directly for current availability, rates, and reservation information. We recommend booking early, especially for Parents' Weekend.

LONG LAKE, NY

Hotel or Motel	Phone
Adirondack Hotel	518-624-4700
Blueberry Hill Motel	518-614-5824
Donnelly's Sunset Point	518-624-6551
Journeys End Cottages	518-624-5381
The Long View Lodge	518-624-2862
Motel Long Lake	518-624-2613
Sandy Point	518-624-3871
Shamrock Motel and Cottages	518-624-3861

BLUE MOUNTAIN LAKE, NY

Approximately 11 miles south of camp

Hotel or Motel	Phone
Blue Mountain Rest	518-352-7006
The Hedges	518-352-7325

TUPPER LAKE, NY

Approximately 18 miles north of camp

Hotel or Motel	Phone
Maple Leaf Inn Motel	518-359-9040
Park Motel	518-359-3600
Shaheens Motel	518-359-3384
Red Top	518-359-9209
Sunset Park Motel	518-359-2320
Timer Lodge	518-359-2320

Hotel or Motel	Phone
Tupper Lake Motel	518-359-3381

INDIAN LAKE, NY

Approximately 22 miles south of camp

Hotel or Motel	Phone
Adirondack Trail Motel	518-648-5044
Indian Lake Motel	518-648-5859
Point Breeze Motel	518-648-5555
Snowy Mountain Inn	518-648-5995

SARANAC LAKE, NY

Approximately 40 miles north of camp

Hotel or Motel	Phone
Best Western	518-891-1970
Hotel Saranac	518-591-2200

SHIPPING LUGGAGE

If your camper is traveling to camp by chartered bus, we strongly encourage you to ship as much luggage as possible ahead of time.

LUGGAGE ALLOWANCE FOR BUS TRAVELERS

Each camper may bring **one duffel bag on the chartered bus**, in addition to one personal item, such as a backpack.

SHIPPING INSTRUCTIONS

- Ship luggage using UPS or FedEx.

- We recommend UPS, which offers home pickup. Call **1-800-PICK-UPS** for more information.
- We do not accept trunks or hard-sided luggage.
- Please use soft luggage. Duffel bags are ideal, and soft-sided luggage with wheels is also acceptable.
- We recommend shipping luggage **4–7 days before the start of your camper's session**.

Campers unpack their belongings into cubbies, drawers, and hanging spaces. Duffel bags are stored under their beds.

We will have your camper's shipped luggage ready in their bunk upon arrival at camp.

WHERE TO SHIP LUGGAGE

Long Lake Camp for the Arts
Camper's Full Name
83 Long Lake Camp Way
Long Lake, NY 12847

Please include your camper's first and last name on the shipment.

SHIPPING LUGGAGE HOME

If you would like us to ship your camper's luggage home at the end of the session, you must provide a return UPS shipping label.

SENDING MAIL AND PACKAGES

Our campers love receiving mail from home, and we encourage families to send letters and packages throughout the summer! PLEASE DO NOT SEND ANY FOOD OR CANDY ITEMS. Campers can not have food in the bunks and any food or candy received in packages will be taken and donated.

1. LETTERS AND PACKAGES SENT THROUGH THE U.S. POSTAL SERVICE

Please use this address:

Camper's Full Name
P.O. Box 248
Long Lake, NY 12847

2. PACKAGES SENT THROUGH AMAZON, UPS, OR FEDEX

Please use this address:

Camper's Full Name
83 Long Lake Camp Way
Long Lake, NY 12847

Please use the appropriate address for your chosen delivery service.

3. SENDING EMAILS THROUGH THE CAMPANION APP

You may send your camper emails through the Campanion App.

- We print emails daily.
- Printed emails are placed in your camper's bunk mailbox.
- Mail is distributed after dinner each day.

4. CAMPERS SENDING MAIL HOME

We visit the post office Monday through Saturday.

We will provide postage stamps as needed to help ensure your camper's letters make it home to you.

IMPORTANT CONTACTS AND ELECTRONICS POLICY

SUMMER CAMP PHONE NUMBER

Arts Main Office: 914-693-7111

IMPORTANT EMAIL ADDRESSES

All listed inboxes are checked daily.

Purpose	Email Address
General inquiries	longlakecampforthearts@gmail.com
General inquiries	info@longlakecamp.com
Payments	payments@longlakecamp.com
Medical forms and questions	longlakeforms@gmail.com
Cindy — Office Manager	cindylonglakecamp@gmail.com
Casey — Assistant Office Manager	caseylonglakecamp@gmail.com

For emergencies or matters requiring a quick response, we recommend calling the camp office directly.

ELECTRONICS POLICY

At Long Lake Camp for the Arts, all electronic devices must remain in **airplane mode at all times**.

Campers do not have access to camp Wi-Fi, and cell service in the area is very limited.

WHAT IS NOT PERMITTED?

Campers may not use electronic devices for:

- Phone calls or texting
- Social media
- Internet access

WHAT IS PERMITTED?

Electronic devices may be used for:

- Taking pictures
- Creative projects within a camp studio, under the direct supervision of staff
- Listening to previously downloaded music, podcasts, or audiobooks during rest hour or bedtime

We encourage campers to stay present, enjoy their surroundings, connect with their peers, and make the most of their summer at camp. Camper use of electronics that does not

follow our guidelines may be taken and stored in out safe till the end of camp. Families would be notified.

Thank you for helping us maintain an environment focused on creativity, friendship, and meaningful experiences.

SUGGESTED PACKING LIST

Please use this list as a guide when preparing your camper for the summer. Label personal belongings with your camper's name whenever possible.

CLOTHING

- 4–6 short-sleeved shirts
- 5 pairs of shorts
- 2 long-sleeved T-shirts
- 4 pairs of jeans or long pants
- 2 sweatshirts
- 10 pairs of socks
- 12 pairs of underwear
- 2 pairs of pajamas
- 1 warm jacket or fleece
- 3 white T-shirts
- 1 dressy outfit (Session 3 only)
- Raincoat or poncho

FOOTWEAR

- Sneakers
- Rain boots
- Slippers or flip-flops
- Hiking boots (optional, for hiking or light-duty outdoor activities)
- Over-the-ankle boots with a cutaway heel (required for horseback riding)

CAMP LIFE AND PERSONAL ITEMS

- Flashlight and extra batteries
- Large laundry bag labeled with your camper's name
- Reusable water bottle
- Books for reading
- Writing paper, envelopes, and pens
- Digital or disposable camera

TOILETRIES

- Sunscreen
- Soap and soap container
- Comb or hairbrush
- Shampoo and conditioner
- Deodorant
- Toothbrush and plenty of toothpaste
- Makeup remover
- Lip balm
- Cotton balls and cotton swabs
- Insect repellent
- Feminine hygiene products, as needed

BEDDING AND LINENS

Required if you are not renting linens from camp.

- 2 flat twin sheets, 54" × 90"
- 2 heavy blankets
- 3 bath towels
- Pillowcase (a pillow is provided)
- Face cloths or washcloths, if desired
- Beach towel
- Sleeping bag (for the optional overnight camping trip)

PERFORMING ARTS

- Black tights for girls / black pants for boys
- Character shoes

DANCE SHOES AND CLOTHING

Please pack the appropriate shoes for your camper's dance classes.

- Black tap shoes for tap
- Pink ballet slippers for ballet
- Hip-hop shoes for hip-hop
- Jazz sneakers for jazz
- FootUndeez for modern dance
- Comfortable clothing for dance classes

WE LOOK FORWARD TO A WONDERFUL SUMMER!

Thank you for choosing Long Lake Camp for the Arts. We appreciate your help in completing the necessary forms, preparing for travel, and reviewing our camp policies.

We look forward to welcoming your family and giving your camper a summer filled with creativity, friendship, growth, and unforgettable memories.

Questions? Call the Arts Main Office at 914-693-7111.